

# PARISH NEWSLETTER

4th. August 2024



The 18<sup>th</sup>. Sunday in Ordinary Time

The Parish Office will be open  
Tuesday and Friday from 9.30 - 1.30:

Tel: 059-9156890

Email:

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Fr. John: 086-2403787.

Email: [frjohn51@gmail.com](mailto:frjohn51@gmail.com)

## ANNIVERSARIES - WITH LOVE WE REMEMBER

Saturday 3<sup>rd</sup>. Ballyconnell 7.30: Edward O'Brien, Knockeen, and deceased family members.

Saturday 10<sup>th</sup>. Ballyconnell 7.30. Tom & Annie Dempsey, Coolkenno, Kieran and Brigid Kelly, Rath.

Sunday 11<sup>th</sup>. Kilquiggan 10.30: Mary & Patrick Rooney, Rath & Statia Nolan, Rath.



## MASS SCHEDULE:

Tuesday 6<sup>th</sup>. Mass at 9.30. Wednesday 7<sup>th</sup>. Mass at 9.30. Friday 9<sup>th</sup>. August. Mass in Killinure at 7.30

**Collections:** Weekend: 27/28 July: Envelopes: €287

Baskets: €419; Envelopes ret. 49. Bingo: €405

**Ballyconnell Bingo:** The jackpot this week will be €750

**PARISH LOTTO:** Kildare & Leighlin Co-Op Lotto: Wednesday 24 July. 3, 4, 20, 29. No Jackpot winner. Next week's jackpot €20,000. 14 Match 3 get €72 each.

**Coolkenno GAA Lotto:** Last week's numbers: 9, 22, 27, 29. No Jackpot winner. Next week's jackpot €5,100; Next Draw: Monday. 5<sup>th</sup>. August in Crab Lane. Lucky Dip Winners: Alison Donohoe, Aishling Deegan, Rachel Roberts Johnny Byrne.

**Pilgrimage to Medjugorje:** There are still a few places available on our pilgrimage to Medjugorje from 28<sup>th</sup>. August - 4<sup>th</sup>. September.

## Food that satisfies

Growing up, did you hear any 'old wives' tales' about food - eating carrots helps you see in the dark; bread crusts will make your hair curly; an apple a day keeps the doctor away...? These wise old sayings, passed down the generations, were employed to encourage us to eat certain foods, mainly healthy fruit and veg. Many even had an element of truth. These days we can easily establish the accuracy of such claims, but many parents still find themselves falling back on these nuggets of wisdom. Behind it all is a desire to see children grow up strong and healthy. Recent years have seen an increased focus on health, both physical and mental. Nourishing one's body and mind and keeping them healthy are essential long term projects, the work of a lifetime. In today's Gospel, Jesus talks about a different type of nourishment - bread that gives life, food that satisfies, food that endures. 'I am the bread of life,' says Jesus. It is Jesus who nourishes us at the very core of our being, who knows our every need and gives meaning to our lives. He tells us today: 'Do not work for food that cannot last, but work for food that endures to eternal life.' As we continue on our way, learning how to best nourish our body and mind, let us not forget to nourish our spirit with Jesus, the bread of life. 'I invite all Christians, everywhere, to a renewed personal encounter with Jesus Christ... The Lord does not disappoint those who take this risk; whenever we take a step towards Jesus, we come to realise that he is already there, waiting for us with open arms.' (Pope Francis, *Evangelii Gaudium*)

## Christian Motivational Phrases

"Remember who you are. Don't compromise for anyone, for any reason. You are a child of the Almighty God. Live that truth." - Lysa Terkeurst

**HAVE A WONDERFUL WEEK**